



Anahata Integrated Yoga Teacher Training (AIYTT) A Path to Self-Discovery

Program Application Form

Please enclose a \$50
check (payable to
AIYTT) and mail this
application to:

Newbury Yoga Studio
30 Old Rowley Road
Newbury, MA 01951

Pam Britton
978.463.0148

or

Chris Morton
978.462.3626

Name _____

Address _____

City _____

State _____

Zip _____

Phone No. _____

Email Address _____

Please answer the following questions, as it will assist us in our decision making process and will enable us to better serve you. Responses may be submitted on a separate piece of paper. Upon receipt of your completed application, we will set up individual interviews for students who have not attended yoga classes with Chris or Pam.

1. Please describe the style or styles of yoga that you currently are practicing or are interested in.
2. For how long have you practiced? Do you attend regular classes?
3. Do you currently adhere to a personal practice?
4. Are you currently a teacher? Have you taken any other teacher training programs?
5. Do you have any injuries or medical conditions that would inhibit you in this training?
6. Why are you choosing AIYTT? How do you see yourself using this training?
7. Describe a significant learning experience that somehow had an impact on your yoga practice. It can be a great class, workshop, teacher or any other source of inspiration. And finally, add any other points of interest about yourself that you feel are pertinent to who you are in relation to your "yoga life" at this time.

Cost for 200 hour training: \$3000. A \$50 application fee is required and will be refunded to you if for some reason you are unable to complete the application process or are not accepted in to the program. Individual payment programs are available and will be discussed during private interview.

Total Enclosed: \$ _____ Signature: _____ Date _____